



DAYLY GUT HEALTH

The 4-in-1 solution for bloating, gas
& digestive support.

FIGHTS INFLAMMATION

REPAIRS GUT LINING
'LEAKY GUT'

BALANCES DYSBIOSIS

PROMOTES GOOD
GUT BACTERIA



**DAYLY targets the root cause
of digestive issues**

Fixing the fundamental problems, not just the symptoms. It can help to provide long-term relief from symptoms of:

- IBS
- Bloating
- Gas
- Food Sensitivities
- SIBO
- Mild Heartburn
- Inflammation
- Digestive Issues

CLINICALLY STUDIED INGREDIENTS

Australian Owned and Manufactured

GREAT
TASTE

NO ADDED
GLUTEN

ZERO
SUGAR

NO ARTIFICIAL
FLAVOURS OR
SWEETENERS

LONG-TERM
RELIEF

CLINICALLY
STUDIED
INGREDIENTS

Education

Digestive issues affect a significant proportion of the world's population, with approximately 1 in 2 individuals experiencing symptoms like bloating, gas, constipation, and diarrhea. These symptoms can stem from multiple factors, including stress, poor dietary choices, gut-damaging medications such as PPI's, anti-inflammatories, and antibiotics, and more (1). DAYLY Gut Health presents a scientifically formulated solution that addresses the root causes of gastrointestinal (GI) upset. Utilizing a synergistic combination of amino acids, polyphenols, herbal extracts, and plant compounds, DAYLY targets the underlying mechanisms contributing to digestive discomfort. With its unique formulation, DAYLY aids in rebuilding the gut lining, reducing inflammation, balancing dysbiosis, and promoting the growth of beneficial bacteria, leading to improved gut health and overall well-being.

Gut Repair Complex

DAYLY's Gut Repair Complex specifically targets compromised gut wall integrity and leaky gut syndrome. Scientifically supported ingredients like L-Glutamine and N-Acetyl Glucosamine play a vital role in promoting the growth and protection of the mucosal layer of the gut (2, 3). These amino acids have been shown to tighten epithelial junctions and lower inflammation, reducing the permeability of the gut lining (4). Additionally, botanical extracts such as slippery elm, marshmallow root, and DGL licorice exhibit potent anti-inflammatory properties and support mucosal growth, fortifying the protective barrier (5, 6, 7). These ingredients stimulate the production of mucus, which serves as a protective layer, shielding the gut from harmful substances and maintaining optimal gut health.

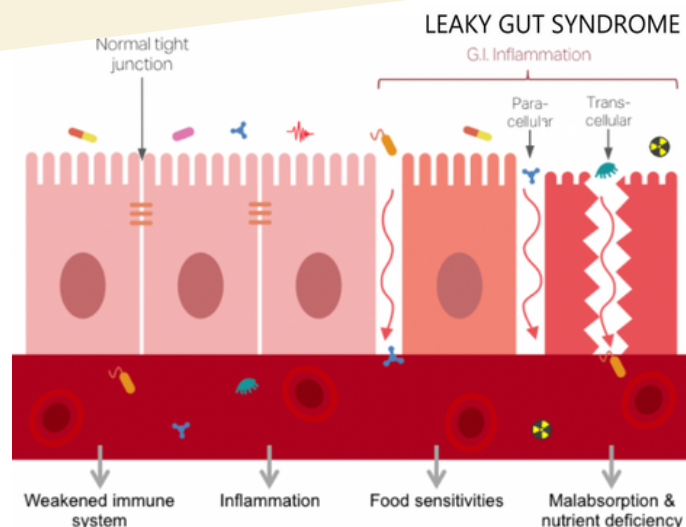
Polyphenol Complex

The Polyphenol Complex in DAYLY Gut Health, derived from Pomegranate peel, Cranberry, Camu-camu, Lemon balm, Aronia berry, Peppermint, and 320mg of bioavailable Curcumin, exhibits profound anti-inflammatory properties.

These polyphenols possess potent antioxidant properties, allowing them to scavenge harmful free radicals and mitigate oxidative stress, a key driver of inflammation (8,9). They modulate crucial signalling pathways involved in the inflammatory response, suppressing the production of pro-inflammatory molecules and promoting the release of anti-inflammatory mediators (10). Polyphenols also play a pivotal role in restoring gut microbial homeostasis by selectively targeting harmful bacteria while promoting the growth of beneficial strains (11). This dual action helps rebalance the dysbiotic gut microbiota and supports the integrity of the gut barrier. By acting as natural toxins to detrimental bacteria and serving as prebiotics to foster the proliferation of beneficial species, these polyphenols provide a comprehensive approach to improving gut health and addressing issues such as dysbiosis, leaky gut and immune dysregulation.

Prebiotic Complex

DAYLY's Prebiotic Complex contains partially hydrolyzed guar gum (PHGG), a soluble fibre backed by over 170 scientific studies. PHGG has been shown to play a pivotal role in promoting the growth of beneficial bacteria, particularly those involved in the production of butyrate—a vital anti-inflammatory compound known for its healing properties in the gut (12). By enhancing the abundance of butyrate-producing bacteria, PHGG contributes to a favourable gut environment and reduces gut inflammation (13). PHGG has also demonstrated efficacy in improving symptoms associated with irritable bowel syndrome (IBS) such as constipation and diarrhea. It has been shown to offer relief and improve intestinal regularity by increasing stool frequency, improving stool consistency, and reducing straining during defecation (2). With its proven tolerability, minimal side effects, and versatile application, PHGG represents a scientifically supported addition for optimizing digestive health.



Ingredients

Total Weight: 153g

Servings per package: 24		Serving size 6.4g	
Prebiotic Complex			
Partially Hydrolyzed Guar Gum (Sunfiber®)		1327mg	
Gut Repair Complex			
L-Glutamine		798 mg	
N-Acetyl D-Glucosamine		638 mg	
Slippery Elm Bark		479 mg	
Marshmallow Root		240 mg	
Deglycyrrhizinated Licorice Root		160 mg	
Polyphenol Complex			
Curcumin C3 Complex® (Curcuminoid 95%)		320 mg	
Aronia Berry		240mg	
Peppermint		160mg	
Organic Camu Camu		160mg	
Pomegranate Peel		160mg	
Cranberry		160mg	
Lemon Balm		160mg	
Piperine		3.2mg	

DIRECTIONS FOR USE:

Mix 1 scoop with 200ml liquid. Consume 2 x daily for 14 days, then 1x daily for ongoing maintenance. Repeat 2x daily for 14 days if symptoms persist.